



Vitals

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One-Step Skin Care

Product - Gals who de-makeup, wash, scrub and tone their skin day-to-day know skin care can be a bit involved, to say the least.

If all those steps having you ready to throw in the face towel, here's a product for you.

The Mereadesso Face and Neck Cleanser works as a makeup remover, mask, scrub and toner.

It's the latest product from the Toronto-based company, which also offers a face and neck gel and body cream.

Three products in an entire skin care line?

That's certainly minimal, and it's all you really need, says the developer, Linda Stephenson.

She packs her products full of antioxidants, natural oils and minerals to keep your skin glowing.

The Face and Neck Cleanser comes with an uber-soft cloth to help exfoliate, sells for \$45 and is available online at mereadesso.com.

Treat Your Nails Well

Product - Girls who love manicures also tend to harbour a deep love for OPI nail polish.

(With beautiful colours and names like I'm Not Really a Waitress and It's a Doozi, Says Suzi, what's not to like?)

If you're one of those girls and you appreciate having nail care at your, um, fingertips, then consider grabbing one of OPI's new Envy Express kits.

The compact kit features travel-size bottles of the Original Nail Envy Natural Nail Strengthener, new Maintenance Nail Envy Natural Nail Strengthener and Drip Dry Lacquer Drying Drops with a little dropper.

Find the OPI Envy Express kit wherever OPI is sold, for a suggested retail price of \$18.50.

For more information, call 1-800-341-9999 or check out opi.com

Intense Help For Extreme Dryness

Product - Are you all cracked up?

We're referring to skin, of course, as this cold weather is relentlessly attacking our once smooth hides.

If so, check out a new body lotion from Vaseline called Intensive Rescue Clinical Therapy Skin Protectant.

The news release says anyone with dry skin will feel the benefits, but that the product is designed "for those with extremely dry skin."

Clinical Therapy promises to increase hydration by five times, lock moisture in for up to 24 hours and improve the overall condition of dry skin in five days.

We tried it out on our hands in an entirely unscientific trial here at Real Life, and really liked it. It smoothes the skin without feeling greasy, stays protective for quite a while (although it's best to reapply after hand-washing), and its light scent didn't cause sensitivities to flare up.

Find Clinical Therapy Skin Protectant at drug and grocery stores around town for a suggested retail price of \$6.49 to \$8.49 per 200 mL bottle.

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