

HELLO!

CANADA

WEEKLY • No 124 • 13 APRIL 2009

ONLY
\$3.99

MICHAEL J. FOX

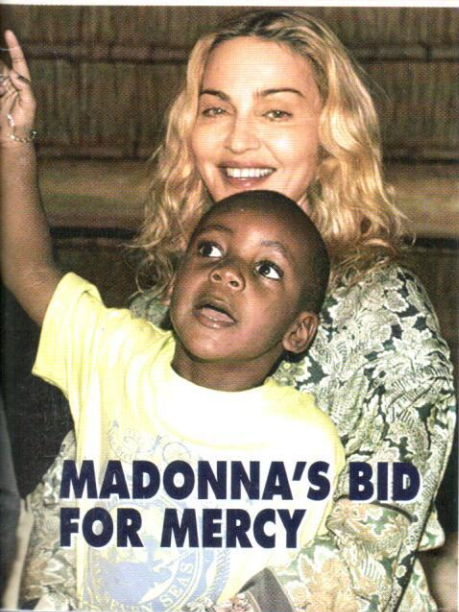
HIS WILL TO SURVIVE

'THE INCURABLE OPTIMIST'

MICHAEL J. FOX'S COURAGEOUS BATTLE

'We give each other more than Parkinson's could ever take away'

ADOPTION UPDATE

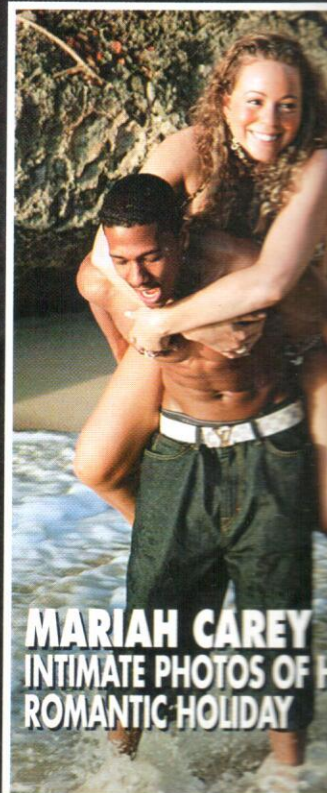


MADONNA'S BID FOR MERCY



www.hellomagazine.ca \$3.99

PM40070230



MARIAH CAREY
INTIMATE PHOTOS OF
ROMANTIC HOLIDAY



Beauty Q&A

The experts weigh in on your top beauty questions and offer quick tips to help you look your very best this spring

Q: I feel a pimple coming on and I have work event to attend tomorrow. What's the best quick fix to stop a blemish in its tracks?

A: *Linda Stephenson, skin-care expert and founder Mèreadesso Woman Skin Care*

The best way to stop a pimple in its tracks is to recognize that it's a bacterial infection of a pore or hair follicle. Treat pimples the same as you would a small cut. Before bed, wash your face with a gentle cleanser. Take a Q-Tip and clean the area with hydrogen peroxide, then dab another Q-Tip in some white vinegar and apply to the pimple. The bacteria that causes pimples doesn't like acidic environments. Finally, apply a small amount of antibiotic Polysporin and cover the pimple with a BandAid. If some redness is still present in the morning, dab on some Visine and avoid putting on concealer. It will just draw more attention to the area.

Kinerase Clear
Skin Blemish
Dissolver, \$48,
www.kinerase.com



Mèreadesso Woman Face
+ Neck Cleanser, \$45,
www.mereadesso.com



G.M. Collin
Puracne Oxygen
Derm Renewal
Gel, \$55,
1-800-361-1263
www.gmcollin.ca

Even beautiful stars like Cameron Diaz sometimes struggle with acne.