

ELEVATE

CELEBRATING
10 YEARS

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HOT SPOT

GET SPOILED IN THE CITY

CLARINS SKIN SPA AND SKIN SPA AMBIANCE | LOCATED IN TORONTO, MONTREAL AND VANCOUVER | CLARINS.COM

Clarins Skin Spa and Skin Spa Ambiance locations, in Toronto, Montreal and Vancouver, are using a new generation of CLARINSPRO formulas for their already indulgent facial treatments.

"We now use intense supplements during facials," says Magdalene Hwa, spa manager at the Clarins Skin Spa in Toronto. These products are spa-exclusive, are "tailor-made for each skin type and are twice as intense as a normal serum."

The spas have also started using more potent glycolics. "The product is 40 per cent glycolic acid, but is mixed with a plant extract, so it's gentle on the skin." And Clarins has formulated a new set of in-spa masks, too. "The new masks contain peptides, which help stimulate collagen fibres and address loss



of firmness during aging, as well as due to hormonal changes," says Hwa.

The Moisture Replenisher facial treatment (80 minutes, \$90 at Clarins Skin Spa; 60 minutes, \$65 at Skin Spa Ambiance) is ideal for sloughing away the memory of a

long Canadian winter and imparting dewy moisture in preparation for spring and summer. After exfoliation, moisturizing and renewing masks and supplements are applied. "This facial is

for people who suffer from dehydrated skin," says Hwa. "The products used here nourish and soften."

Hwa recommends a facial every month to revitalize and restore radiance. "But for someone with severe dehydration, I'd recommend a series of five Moisture Replenisher treatments every two weeks until moisture levels are back in balance."

Between facials, Hwa suggests using products from the HydroQuench line. "The **Cream-Mask** (\$39) is gentle enough to use over the lips and eyes." Exfoliate once a week; the **Gentle-Peeling Smooth** away cream (\$35; at Clarins counters and Clarins spas) is micro-bead-free and contains primrose extract to soothe sensitive skin. —MSP



mom time The Clarins Beauty & Pamper treatment for mothers-to-be relieves back pain and muscular fatigue and helps skin stay smooth and firm throughout pregnancy. (75 minutes, \$100 at both Skin Spa and Skin Spa Ambiance, clarins.ca)

PACK LIGHT

The travel kit we can't live without

If you're anything like us, you regularly get stopped by airport customs for lugging an unhealthy amount of beauty booty in your carry-on. Mèreadesso's travel kit makes tidy work of fitting spa-grade essentials into a perfectly sized package, which can even accommodate makeup brushes. It includes the Beautiful Body Balm, which can be used all over, the Face + Neck Toning Gel, Mèreadesso's all-in-one Face + Neck cleanser and a super-soft face cloth (\$35, mereadesso.com). —MR



PHOTOS BY CHRIS TSINTREAS