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Family Life

All things family


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Family Games

Health & Wellness

Happy, healthy families


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Children's Health
Checklist

Food & Drink

Recipes, parties and meals


 Entertaining Eats
Cookbooks for
Entertaining

Family Finance

Savvy money solutions


 It's Money, Honey
Financial learning
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PlaySavvy

Making Learning Fun


 Circus Games for a
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5 fun party games

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Solutions for your home


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Resolutions
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Lotion Emotion

Summer Lotions

Among the many delights of summer is the baring of our epidermis to the general public. Whether you choose to wear a T-shirt or bikini, you need to feel good in your skin this time of year. We put a call out to our SavvyScouts for some recos on summer skincare to help you navigate that aisle of lotions and potions, so you can get to the great outdoors faster.



Soften Up

For getting rid of the last vestiges of winter (dry, flaky skin and all), we're turning to **Mèreadesso Beautiful Body Balm**. This high-performance, non-greasy, all-over body balm improves skin elasticity and texture, leaving it with a smooth, silky finish. It also works well as a hand lotion and foot cream (or for anywhere below the neckline), so you can simplify your routine. Less really can be more. Developed by former cosmetics executive and savvy mom Linda Stephenson, Mèreadesso Beautiful Body Balm includes 8 minerals and 28 botanical extracts, which makes it smell great. What we like most about it is that it spreads quickly and absorbs easily, and that saves us valuable time when we're trying to get ready in the morning. (\$54, available at www.mereadesso.com)



Tested by Ellen M., Toronto

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