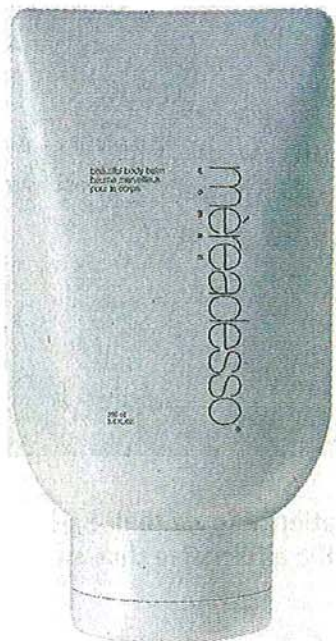


GLAM IT



One-step body beauty regime

MALENA HARBERS
SPECIAL TO THE STAR

I've always been skeptical about multi-tasking products. Perhaps because I believe it takes special skill to answer emails, cook dinner, watch the kids and write a column all at the same time. I feel it would take an equally special formula to assuage the varying needs of a modern beauty regime.

So when I read the directions on the back of the Mèreadesso's Beautiful Body Balm bottle, which say to "apply to everything below the neckline," I wasn't sold.

Turns out the lotion — a Canadian-made mix of mineral salts, Brazilian cocoa, oat flour, and olive and soybean oils — gives skin a big gulp of moisture, smoothing flakes and imperfections at the same time. It's a quick fix I now use daily to smooth hands and feet on the go. I'm a new fan of the one-step system.

Mèreadesso Beautiful Body Balm, \$54 for 200 mL. At Vikaspa and Kirsch Cosmetic Studio.
www.mereadesso.com

Malena Harbers is lifestyle editor for *Hello! Canada*.