

Lipstick POWDER N PAINT

the urban girl's guide to all things beauty-ful



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Winter Skin

Wednesday, January 7, 2009

The elements are tough on your delicate skin, especially during the winter. It takes a lot to protect yourself from feeling the effects of this harsh season. It is important to keep hydrated by drinking lots of water and tea, but often that is not enough. You need to treat skin differently by providing it with more moisture and nutrients.



Here are some of the best products on the market to help fight dull, dry and red winter skin.

1. Canyon Ranch Restore Intensive Moisture

Give yourself a boost with this miracle worker. Dermaxyl peptides stimulate the production of collagen and elastin resulting in toned, smooth and hydrated skin.

Canyon Ranch

www.canyonranchskincare.com

Available at Holt Renfrew in Canada, Saks Fifth Avenue in the U.S. and online at www.saksfifthavenue.com

2. Clarins Younger Longer Balm

Restore radiance this winter and all year long with this balm. The special application process ensures that the key ingredients penetrate into the skin and work more effectively.

Clarins

www.clarins.ca www.clarins.com

Available at the Bay in Canada and Macy's in the U.S.

3. Mèreadesso Face + Neck Cleanser

If you are tired of your lengthy skin care routine, this product is for you. It replaces a makeup remover, face wash, toner and mask. It comes with a face cloth for buffing your way to beauty.

Mèreadesso

www.mereadesso.com

Available online at www.mereadesso.com

4. CARE by Stella McCartney Nourishing Night & Day Cream

Battle winter dryness with this moisturizing cream. It protects against environmental factors and repairs the skin. This organic option is vegetarian friendly.

CARE by Stella McCartney

www.stellamccartneycare.com

Available at Holt Renfrew in Canada and Sephora in the U.S.

5. Miss MyMy MY Exfoliating Liquid

Reveal gorgeous skin in one application. The natural fruit acids remove dead skin cells in a non-irritating and safe manner. Get glowing!

Miss MyMy

www.missmymy.com

Available online at www.myexfoliatingliquid.com



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